


January 2010

sunday	monday	tuesday	wednesday	thursday	friday	saturday
	You can make Lunch & Learn reservations for one L&L from January 1-5.	Remember to sign up for the Living Well Series.		Senior Circle office closed on Friday No chair exercise Friday morning	 Happy New Year	
3	9a-chair exercise-PCMC cafeteria 4	1p-Mahjongg 5	9a-chair exercise-PCMC cafeteria 6 Lunch & Learn reservations may now be made for either L&L	6:30p-Mahjongg 7	9a-chair exercise-PCMC cafeteria 8	
10	9a-chair exercise-PCMC cafeteria 11 9:30a-Living Well Series, PCMC Conference Room B	8:30a-Tuesday Talks Breakfast 12 Dave VanBuskirk, Fire Marshall, Carbon Monoxide poisoning 1p-Mahjongg	9a-chair exer-PCMC cafeteria 13 11:30a-BP chks 12p-L&L-PCMC Conf. Rm C-Rick McCumber, Intellidot System	6:30p-Mahjongg 14	9a-chair exercise-PCMC cafeteria 15	
17	9a-chair exercise-PCMC cafeteria 18 9:30a-Living Well Series, PCMC, Conference Room B	1p-Mahjongg 19 2p-Booklovers, Brace Books, <i>Rat Pack Confidential</i> by Shawn Levy reviewed by Kathy Turner	9a-chair exercise-PCMC cafeteria 20 5:30p-dinner out-Cobbs Cafe	2p-Instant Replay, PCMC Board Room 21 6:30p-Mahjongg	9a-chair exercise-PCMC cafeteria 22	10a-Peer to Peer discussion panel and brunch, Sr. Center 319 W. Grand, topic: <i>From Two to One</i> 23
24 31	9a-chair exercise-PCMC cafeteria 25 9:30a-Living Well Series, PCMC, Conference Room B	1p-Mahjongg 26	9a-chair exerc PCMC cafeteria 27 11:30a-BP chks 12p-L&L-PCMC Conf. Rm C., Dianna Gemmill, Dir. N. OK Home Health Care	10a-Ambassadors meeting-Conf. Rm B 12p-New Member Lunch Conf. B 6:30p-Mahjongg 28	9a-chair exercise-PCMC cafeteria 29 11:30a-lunch out-Perkins	

Those interested in playing Mahjongg may contact the Senior Circle office at 765-0508.
BP Chks = blood pressure checks
Reservations required for Lunch & Learn and Tuesday Talks Breakfast
Reservations requested for meals out.