

## What Grandparents Raising Grandchildren and Others are saying about the Group

- “The greatest thing about the group is the fellowship and support from others in the group and the sharing we have of our problems and concerns.”
- “Grandparents Raising Grandchildren is a wonderful support group. We have speakers focusing on topics of interest including school, behavioral, legal, and financial, among others.”
- “Tips from the leaders are very good and I have used a lot of what is said.”
- “I always enjoy the speakers and when I leave the meeting I feel hopeful and much more able to succeed.”
- Good group—informative. I enjoy the sharing of the group.
- “Just being with other people who share some of the same problems... It’s good company and I tend to learn important things.”
- “New ideas. Some people are going through the same things.”
- “Information on how to raise grandchildren. Not being alone on raising a grandchild.”



- Sponsored by The Retired Senior Volunteer Program of Kay County (RSVP)

### Co-facilitators

- Rocky Hudson, M.P.H.
- Joan Clark, M.S.



### **RSVP of Kay County**

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## Kay County Grandparents Raising Grandchildren Group

“Partnering with those  
Re-Parenting  
for Stronger Families”

### Meeting Information

- 2<sup>nd</sup> Monday of each month
- 5:30 to 7:00 p.m.
- First Christian Church, 5<sup>th</sup> and Cleveland, Ponca City
- No-cost light meal provided for both grandparents and grandchildren
- Group sharing and speakers on topics of importance to those re-parenting
- Childcare and activities for grandchildren provided

### **Contact Person**

Rocky Hudson, Program Coordinator  
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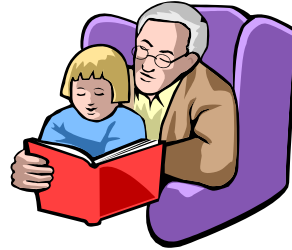
# Kay County Grandparents Raising Grandchildren Group

## You Are Not Alone

In the United States there are more than 6 million children being raised in households headed by grandparents and other relatives. The need for children to be placed in these homes is usually because of family situations such as substance abuse, mental illness, incarceration, economic hardship, divorce, domestic violence and other serious problems. In Oklahoma 6.5% of all children in the State are living in grandparent-headed households.

## About Our Group

The Kay County Grandparents Raising Grandchildren Group began in February 2009. It was in response to the need to support grandparents who are raising their grandchildren and others in a re-parenting role. The co-facilitators of the group are Rocky Hudson, M.P.H. and Joan Clark, M.S. A Steering Committee comprised of representatives from various community agencies was formed to serve in an advisory capacity to the Kay County Retired Senior Volunteer Program, the sponsoring organization.



## Purpose of the Group

The purpose of the Grandparents Raising Grandchildren Group is to provide a safe, confidential, and non-judgmental place to talk and express feelings, share joys and concerns, and learn from the experiences of others in similar life situations. The group also provides opportunities to hear speakers on topics of importance to those re-parenting (legal, financial, etc.) and to learn about available state and local resources.



## How Can You Benefit from the Group?

- Feel less alone or isolated while raising your grandchildren
- Experience time off from your re-parenting responsibilities
- Have an opportunity to share experiences and express feelings
- Hear speakers on topics of importance related to re-parenting
- Learn ways to take good care of yourself in order to be a better caregiver for your grandchildren
- Learn better ways to manage stress
- Learn about available State and local resources for Grandparents Raising Grandchildren and others in a re-parenting role